

SCIENTIFIC PAPER

**PEDIATRIC NURSING CARE ON LOW BIRTH WEIGHT (LBW) CLIENTS
WITH HYPOTHERMIA NURSING PROBLEM IN THE PERINATOLOGY
ROOM OF BLAMBANGAN REGIONAL PUBLIC HOSPITAL**

BANYUWANGI

2022



ARRANGED BY:

Citra Amalia Ardhani

2019.01.006

DIPLOMA THREE OF NURSING

BANYUWANGI INSTITUTE OF HEALTH SCIENCES

2022

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BANYUWANGI

2022

To Obtain an Associate's Degree in Nursing (Amd.Kep) in Diploma Three of Nursing
Study Program at Banyuwangi Institute of Health sciences



ARRANGED BY:

Citra Amalia Ardhani
2019.01.006

DIPLOMA THREE OF NURSING

BANYUWANGI INSTITUTE OF HEALTH SCIENCES

2022

STATEMENT SHEET

The undersigned below :

Name : Citra Amalia Ardhani

NIM : 2019.01.006

Institution : Banyuwangi Institute of Health Sciences

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NIM. 2019.01.006

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Name : Citra Amalia Ardhani

NIM : 2019.01.006

Institution : Banyuwangi Institute of Health Sciences

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The Scientific Paper entitled:
Pediatric Nursing Care on Low Birth Weight (LBW) Clients with Hypothermia
Nursing Problem in the Perinatology Room of Blambangan
Regional Public Hospital Banyuwangi 2022

Citra Amalia Ardhani

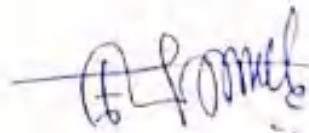
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By:

The First Advisor



Atik Pramesti W, S.Kep.Ns, M.Kep

NIDN. 0730018504

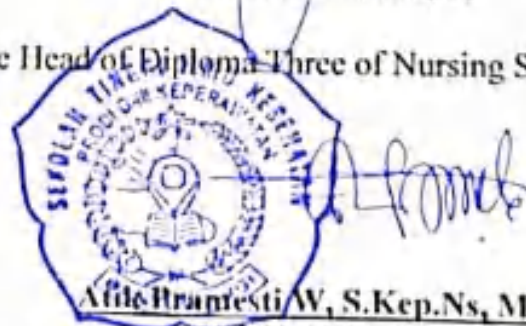
The Second Advisor



Fany Anitarini S.Kep.Ns., M.Kep

NIDN. 0712098506

The Head of Diploma Three of Nursing Study Program



Atik Pramesti W, S.Kep.Ns, M.Kep

NIDN. 0730018504

RATIFICATION OF THE EXAMINER

The scientific paper proposal entitled:

Nursing Childhood in LBW Clients with Hypothermic Nursing Problems in the
Perinatologi Room of Blambangan Regional Public Hospital Banyuwangi
2022

Submitted by:

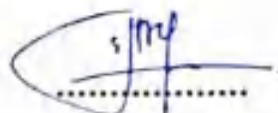
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Has been accepted by the examiner's team of the Diploma three of Nursing Study
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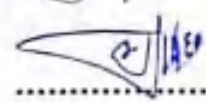
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EXAMINERS TEAM

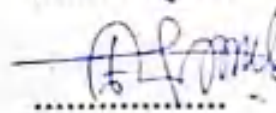
The 1st Examiner : Ns. Sholihin., M.Kep



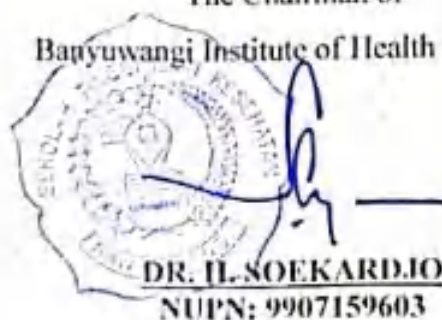
The 2nd Examiner : Ns. Fransiska Erna D., M.Kep



The 3rd Examiner : Ns. Atik Pramesti W., M.Kep



The Chairman of
Banyuwangi Institute of Health Sciences



DR. IL. SOEKARDJO
NUPN: 9907159603

MOTTO

Never depend on other people

The most important thing is never depend on other people because at the end of the day, only we exist for ourselves. So while we are still young, energetic, and given the opportunity by Allah SWT, we must try to do any activities such as this research that you do yourself without the help of others. Thank yourself. Tell the world that you can, you are healthy, and dare to try new things and in the end you will enjoy the results.

PREFACE

In the name of Allah, the beneficent and merciful. All praise is mere to the Mightiest Allah SWT, the lord of the worlds, for the gracious mercy and the tremendous blessing that enables me to accomplish this scientific paper. This Scientific Paperentitled Pediatric Nursing Care on Low Birth Weight (LBW) Clients with Hypothermia Nursing Problem in the Perinatology Room of Blambangan Regional Public Hospital Banyuwangi 2021 is submitted to fulfill one of the requirements in accomplishing the Diploma III of Nursing degree at STIKES Banyuwangi. Many persons have generously suggested improving this scientific paper. First of all the writer would like to express her sincere gratitude and respect to:

1. DR. H. Soekardjo, as a chairman of STIKES Banyuwangi who has provided the opportunity, facilities to participate in and complete the education of the diploma three in nursing study program STIKES Banyuwangi.
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11. Fellow Student of the Banyuwangi Institute of Health Sciences from diploma three of nursing. I do not have to mention your names one by one, right? It is enough to remember each other without having to look at each other, let our memories during college be engraved beautifully in the album of memories, and our hearts. Thank you for the memories you created during college. I wish us all success, my friends.

I hope this Scientific Paper is useful especially to increase scientific knowledge about LBW with hypothermia especially in overcoming hypothermia. May Allah SWT repay all the kindness that has provided the opportunity, support, and assistance in completing the process of completing this scientific paper.

PREFACE

In the name of Allah, the Most Gracious and Merciful. All praise is due to Allah SWT, the Lord of the worlds, for the extraordinary mercy and grace so that I can complete this scientific paper. The scientific paper, entitled Nursing Care of Children in Low Birth Weight (LBW) Clients with Nursing Problems with Hypothermia in the Perinatology Room of Blambangan Hospital Banyuwangi in 2021 was submitted to fulfill one of the requirements in completing Diploma III Nursing education at STIKES Banyuwangi. There are so many things that often happen, so that it makes my sense of enthusiasm for myself increase even more. I want to thank:

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2. Doraemon is a secret name of my friend. She is my best friend. She understands my feelings the most and shares experiences together. Thank you very much.
3. Do not forget to thank yourself. Thank you for surviving, even though circumstances have to force it. In the future, hopefully to become a better person, must be stronger. The most importantly love yourself, Remember! "Because loving yourself is hard, that is why we are here to help you love yourself" -(방탄소년단)
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one of your songs "keep your way, even if today is your last day, carry on something, get rid of your weakness!" -No More Dream

5. "Do not think too hard ok? And do your best so you do not regret it later! I am here to support you!" – 박지민
6. "When things get heavy, look at the people who love you! You will get energy from them" - 정허석
7. "You can cry but not to give up" –전정국
8. "Everything goes bad when you think negatively. When you think positive, everything will get better" – 김석진
9. "You were born to be real, not to be perfect" –민윤기
10. "It's okay! This is enough and amazing! Rub your head and tell yourself that you've worked hard!" –김남준
11. "You are the only person who can create your future" - 김태형

ABSTRACT
PEDIATRIC NURSING CARE ON LOW BIRTH WEIGHT (LBW) CLIENTS
WITH HYPOTHERMIA NURSING PROBLEM IN THE PERINATOLOGY
ROOM OF BLAMBANGAN REGIONAL PUBLIC HOSPITAL
BANYUWANGI
2022

By : CITRA AMALIA ARDHANI

Background: Premature low birth weight babies are babies born at gestational age less than 37 weeks and weighing under 2500 grams. The nursing problem for hypothermia is an involuntary decrease in core body temperature to $< 35^{\circ}\text{C}$ (or 95°F). This study aimed to provide nursing care for premature LBW infants includes assessment, diagnosis, intervention, implementation and evaluation of nursing.

Methods: The report writing used a case study with nursing process approach including assessment, diagnosis, intervention, implementation and evaluation of nursing and documentation.

Results: In 1st client was 4 nursing diagnoses namely hypothermia, nutritional deficit, ineffective breathing pattern, and the risk of glucose level instability was resolved on May 26, 2022 after nursing care actions were carried out for 4x24 hours. While on 2nd client was 2 nursing diagnoses namely hypothermia and nutritional deficit, it was resolved on 28 May 2022 after nursing care actions were carried out for 3x24 hours.

Conclusion: Providing nursing care to LBW infants with hypothermia requires cooperation from both health workers and family because it is necessary for the success of nursing care for LBW infants. Starting from the assessment, determining nursing diagnoses, plans, actions and evaluations on 1st and 2nd client were in accordance with the specified theory, one of which is providing therapeutic communication actions that can encourage families to be more cooperative.

Keywords: Premature and Hypothermic Low Birth Weight Babies (LBW).

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LIST OF AWEIGHTREVIATION

LBW	: Low Birth Weight
WHO	: World Health Organization
IMR	: Infant Mortality Rate
IUGR	: Intrauterine Growth Retardation
KMC	: Kangaroo Mother Care
HIV	: <i>Human Immune Deficiency Virus</i>
AIDS	: <i>Acquired Immune Deficiency Virus</i>
TORCH	: <i>Toxoplasma, Rubella, Cytomegalovirus and Herpes</i>
Kg	: Kilogram
C	: Celsius
F	: Fahrenheit
Ht	: Hematocrit
Hb	: Hemoglobin
Na	: Natrium
Cl	: Chloride
IM	: Intra Muscular
APGAR	: <i>Appearance, Pulse Rate, Grimace, Activity, and Respiration.</i>
O ₂	: Oxygen

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